

Wednesday, March 8

“Worship is our invitation to come into a time and place where heaven and earth touch. When we pray, receive the bread and wine, hear God’s Word or sing our songs of praise, we enter into a timeless community and are surrounded by those who have gone before us and those who are yet to come to faith.” (pg. 46 Real Faith, Real Life)

Where are you at in your worship life?

Searching: I have attended worship when someone invited me.

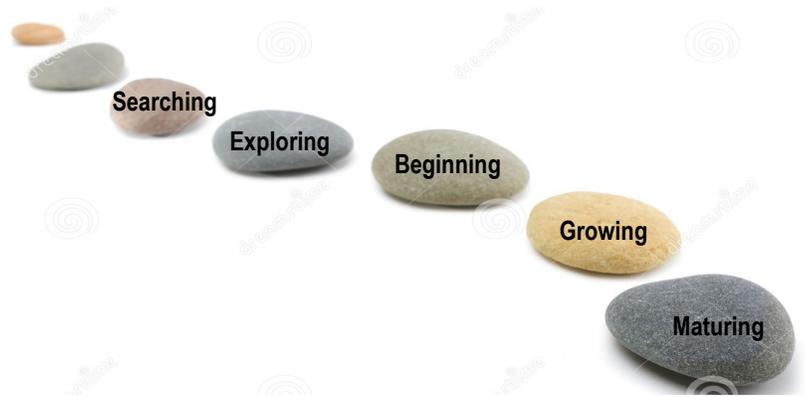
Exploring: I go to worship when it’s convenient or I feel a need.

Beginning: I am excited for the next worship opportunity so I can continue to learn about Jesus and grow in my faith.

Growing: I attend worship regularly and set aside time to connect with God daily through personal worship.

Maturing: I live all of my life increasingly aware of God’s presence and embrace a moment to moment communion with God rather than a once a week encounter with God.

From Maynard, Phil. *Membership to Discipleship; Growing Mature Disciples who Make Disciples. Excellence in Ministry Coaching*, © 2015



Looking at the list above, where are you at in your worship life?

An Action Step or SMART goal that will help me grow in my worship life is:

Here’s how to make SMART goals:

S

Specific

State exactly what you want to achieve. Can you break a larger task down into smaller items?

M

Measurable

Establish clear definitions to help you measure if you’re reaching your goal.

A

Action-Oriented

Describe your goals using action verbs, and outline the exact steps you will take to accomplish your goal.

R

Realistic

Give yourself the opportunity to succeed by setting goals you’ll actually be able to accomplish. Be sure to consider obstacles you may need to overcome.

T

Time-Bound

Now much time do you have to complete the task? Decide exactly when you’ll start and finish your goal.

Specific:

Measurable (how will you measure this?):

Action-Oriented:

Realistic:

Time :

Someone who could support me in developing this is:

Small Group Discussion Questions:

- What is Worship to you?
- What caught your attention in the presentation by the panel?
- When you go to worship, what do you expect? Do you prepare to be healed, touched, and changed by the love of God?
- How do you honor God in worship?
- Describe a worship experience that was meaningful to you?
- Read the quote at the top of the page; what do you hear?